



## **Mobile Phone for Acupoints and TCM Diet (SF17ELIT482)**

Medium: **English**  
 Course Fee: **S\$125**  
 Duration: **7 hours**



Information related to TCM such as herbal medicine, acupoints and medical diet are readily available on the internet. With the advance of IT technology, your mobile phone, be it Apple or Android is your gateway to the world of Knowledge. The encyclopaedia of TCM is right on your hand, if you are able to harness it.

Through this course, you will be able to learn the way to triangulate the information from multiple sources to look for the correct TCM recipe and the property of the TCM medicine and the acupoints for the health problems you are looking for.

The trainer who is a qualified TCM practitioner with a degree in Computer Technology will guide the participants using in search applications on Apple and/or Android phone. Bonus segment includes on how to utilise social and productivity applications, learn to explore the various functions and utilities of the smartphone. .



<b>Module</b>	<b>Theme</b>	<b>Learning Outcome – you will...</b>
<b>1</b>	<b>Mobile Search Techniques (3 hrs)</b>	<ol style="list-style-type: none"> <li>1. Learn how to operate the smartphone search functions</li> <li>2. Know the TCM terminology use in searching</li> <li>3. Introduce to basic Hanyu pinyin (汉语拼音)</li> <li>4. Learn how to triangulate the searching process</li> <li>5. Explore the beauty and convenient in tapping the IT technology</li> </ol>
<b>2</b>	<b>Your Mobile TCM Acupoint Handbook (2 hrs)</b>	<ol style="list-style-type: none"> <li>1. Learn the world of Meridian Acupressure on internet</li> <li>2. Use of Apps (IOS &amp; Android) and search platform to search for Acupoints</li> <li>3. Identification of Acupoints for general Health</li> </ol>
<b>3</b>	<b>The world of TCM Medical diet in your hand (2 hrs)</b>	<ol style="list-style-type: none"> <li>1. Learn to explore the world of Chinese medicine and medical recipe on internet</li> <li>2. Use of Apps (IOS &amp; Android) and search platform identify the recipes</li> <li>3. Identification of medical recipe according to general body constitution</li> </ol>



**Trainer: Dr Clement Ng Shin Kiat 黄欣杰博士**

Registered Traditional Chinese medicine (TCM) practitioner  
 PhD in Medicine (TCM) from Nanjing University of Chinese Medicine  
**B.A.Sc. (Computer Technology/Engineering) NTU**  
 Former Vice Principal of Singapore College of TCM.  
 Council Member for Singapore Chinese Physicians' Association,  
 Council Member for Singapore Acupuncture Association  
 Chairman – Technical Committee on Complementary Medicine and Health Product  
 Executive Council Member – WFCMS –Committee for Mediated Diet & Dietotherapy  
 Committee Member for ISO/TC 249 (TCM).  
 ACTA Certified



## 掌握手机查询穴位与药膳

(SF17ELIT482)

授课语言：中文

收费：S\$125

学时：7 小时



随着 IT 技术的进步，与中药有关的信息，如草药，穴位和药膳饮食，都可以在互联网上获得。您的手机，无论是苹果（IOS）还是 Android 都是您进入知识世界的门户。如果你能够掌握利用它的技术，中医百科全书就在你的手上，。

通过本课程，您将能够学习如何确认信息的方法(三角测量信息的方法)，以寻找正确的中医药配方和中医药物的属性以及您正在寻找的解决健康问题的正确穴位。

具有电脑学士学位及合格中医师执照的培训师将指导学员使用苹果和/或 Android 手机的搜索应用程序。 在上课的同时，学员也将掌握如何利用社交和生产力应用程序，学习探索智能手机的各种功能和用途。



单元	主题	学习目的， 您将会
1	手机搜索技术 (3 小时)	<ol style="list-style-type: none"> <li>1. 了解如何操作智能手机搜索功能</li> <li>2. 了解中医术语在搜索中的用法</li> <li>3. 介绍汉语拼音</li> <li>4. 学习如何对搜索过程进行三角测量</li> <li>5. 轻松学习掌握及探索美丽的 IT 技术</li> </ol>
2	您的移动中医穴位手册 (2 小时)	<ol style="list-style-type: none"> <li>1. 知道如何在互联网上探索指压按摩的方法</li> <li>2. 使用应用程序（IOS 和 Android）平台搜索穴位</li> <li>3. 学习如何确定一般保健穴位</li> </ol>
3	全球药膳在您的手中 (2 小时)	<ol style="list-style-type: none"> <li>1. 学习探索互联网上中医和药膳食谱的方法</li> <li>2. 使用应用程序（IOS 和 Android）平台识别处方</li> <li>3. 知道如何确认适合不同体质的药膳</li> </ol>



### 导师：黄欣杰博士

- 中医博士（南京中医药大学），
- 电脑科技学士（南洋理工大学）
- 新加坡注册中医师，
- 前新加坡中医学院副院长
- 新加坡中医师公会理事
- 新加坡针灸学会理事
- 新加坡辅助医学与保健产品技术委员会主席
- 世中联药膳食疗研究专业委员会常务理事
- 国际标准化组织中医药委员会（ISO/TC 249）委员
- 培训与评估高级证书认