

Acupressure Massage Intermediate

(SF17ALHW342)

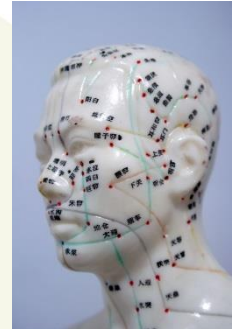
Medium: **English**

Course Fee: **S\$175**

Duration: **10 hours**



The course **Acupressure Massage Intermediate** will allow the participants to learn the alternative techniques in addressing common illnesses using Acupressure Massage, The use of medical diet Techniques suitable in addressing syndrome related will also be shared.



The objective of the course is to provide a continuous training pathway for the participants who have taken the series of SkillsFuture@PA Acupressure Massage offered by the trainers as well as other equivalent courses.

Module	Theme	Learning Outcome – you will...
1	Common cold, Cough & Asthma (2.5 hrs)	<ol style="list-style-type: none"> 1. Understand TCM Diagnostic approaches 2. Know the etiology and pathogenesis of Common Cold Cough, Asthma 3. Understand the different approaches TCM acupressure massage techniques adopted in disease management.
2	Vertigo and hypertension (2.5 hrs)	<ol style="list-style-type: none"> 1. Know the etiology and pathogenesis of Vertigo and hypertension 2. Understand the different approaches TCM acupressure massage techniques adopted in disease management.
3	Insomnia (2.5 hrs)	<ol style="list-style-type: none"> 1. Know the etiology and pathogenesis of Insomnia 2. Understand the different approaches TCM acupressure massage techniques adopted in disease management.
4	Depression (2.5 hrs)	<ol style="list-style-type: none"> 1. Know the etiology and pathogenesis of Depression 2. Understand the different approaches TCM acupressure massage techniques adopted in disease management.



Trainer: Dr Clement Ng Shin Kiat 黄欣杰博士

Registered Traditional Chinese medicine (TCM) practitioner
 Doctor in Medicine (TCM) from Nanjing University of Chinese Medicine
 Former Vice Principal of Singapore College of TCM.
 Council Member for Singapore Acupuncture Association
 Chairman – Committee on Complementary Health Product, SPRING Singapore.
 Executive Council Member – WFCMS –Committee for Mediated Diet & Dietotherapy
 Committee Member for ISO/TC 249 (TCM).
 ACTA Certified

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指压按摩中级班课程

授课语言：中文

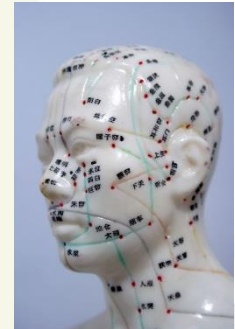
收费：S\$175

Acupressure Massage Intermediate

学时：10 小时



《指压按摩中级班》课程将让学员学习如何使用指压按摩技术解决常见的疾病问题，作为一个中级课程，同时会在课堂上分享中医药膳对于疾病的控制，提高他们所学理论和和应用技能。



《指压按摩中级班》课程的目的是为参与培训师所设计的基础指压按摩课程或其他相关课程的学员提供一个继续教育持续的培训途径。

单元	主题	学习目的, 您将会
1	感冒、咳嗽和哮喘 (2.5 小时)	1. 了解中医诊断基础 2. 了解普通感冒、咳嗽和哮喘的病因和发病机制 3. 了解指压按摩技术在疾病管理中的应用
2	眩晕和高血压 (2.5 小时)	1. 了解眩晕和高血压的病因和发病机制 2. 了解指压按摩技术在疾病管理中的应用
3	失眠 (2.5 小时)	1. 了解失眠的病因和发病机制 2. 了解指压按摩技术在疾病管理中的应用
4	抑郁症 (2.5 小时)	1. 了解抑郁症的病因和发病机制 2. 了解指压按摩技术在疾病管理中的应用



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