

Registration:

<https://tcmandyou.com/home/product/tny-tfed-nyp/>



TCM Fundamental & Essential Diagnosis – (Collaboration with Nanyang Polytechnic (NYP)) - Classroom*

The course is a formative foundation course for the series, - **The Essential TCM Skills for Health and Wellness Practitioners** – designed to equip healthcare practitioners with TCM Fundamental & Essential Diagnosis. This is a face-to-face class conducted in collaboration with NYP. NYP will deliver a special topic on “**What does the laboratory blood test tell me about my health?**”



TCM stands on the shoulders of 3000 to 5,000 years of civilization development, experience and empirical evidence. Chinese Medicine has been used as mainstream or alternative medical health systems in over 170 countries. The theory behind TCM was greatly influenced by ancient Chinese materialism and dialectics wisdom passed down from generations in China. This course will allow practitioners to have a systematic understanding in the development of TCM

fundamental theories and diagnostic approaches for illnesses using techniques perfected through generation of practitioners

Course objectives:

The course is a formative foundation course for the series, - The Essential TCM Skills for Health and Wellness Practitioners. The objective of the course is to allow the Health and Wellness practitioners to acquire key fundamental knowledge in TCM. The course covers the principle and theoretical background of Chinese Medicine and shares the basic diagnosis approaches, empowering learners to apply the practical knowledge and skills of TCM to their health betterment activities.



Course Learning Outcome:

The learner will learn,

1. Background of Chinese Medicine
2. Yin Yang Theory
3. The Five Elements Theory
4. Zang - Fu Visceral Systems
5. Essence, Qi, Blood, Body Fluids and Spirit
6. "What does the laboratory blood test tell me about my health?" - NYP
7. TCM Perspective - Etiology & Pathophysiology
8. Syndromes Differentiation Diagnostic Approaches.
9. The Eight Principles in Diagnosis

* To be held in NYP Lecture Theatre with minimum 40 Participants

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Course duration:

- 2 Sessions
 - 30 Mar 2023 – Thursday 9am – 6pm
 - 31 Mar 2023 – Friday 9am – 12pm

Teaching & Learning methods:

- Online and/or Classroom delivery
- Lecture and case analysis.
- Practical Mastery of Exercise and practice

Course Fee:

- **S\$250 (SkillsFuture Credit 100% Claimable / NTUC – UTAP supported)**
- *Include Online Comprehensive course Notes (no – printed notes) and On-line materials*

Certificate Award:

- Certificate of Completion - **TCM Fundamental & Essential Diagnosis** – (Softcopy) By TCM and You
- Certificate of Participation - **What does the laboratory blood test tell me about my health?** – Issued By NYP

Facilitator/Trainer:



Dr Clement Ng Shin Kiat

- Registered Traditional Chinese medicine (TCM) practitioner
- Doctor of Medicine (TCM) from Nanjing University of Chinese Medicine
- Former Vice Principal of Singapore College of TCM.
- President – Singapore Acupuncture Association
- Chairman – Technical Committee on Complementary Medicine and Health Product
- Deputy Secretary General – WFCMS – Committee for Medicated Diet & Dietotherapy
- Expert Committee Member for ISO/TC 249 (TCM).
- ACTA Certified

Ms Tai Lee Kian (NYP lecturer who will be conducting “What does the laboratory blood test tell me about my health?”)

Ms Tai Lee Kian is currently the course manager for Common Science Programme in Nanyang Polytechnic, overseeing the curriculum. She has over 9 years of teaching experience for the Medical Laboratory Science modules and training students for working in clinical labs. She obtained her Master of Science while working in National University Hospital of Singapore as a research assistant for breast cancer research using proteomics and other molecular biology techniques. Before that, she worked in Department of Laboratory Medicine, Biochemistry section, National University Hospital as a Medical Technologist.